

Class Schedule/Offerings *continued*

*These classes will have TWO recital dances, one for each style of dance in their class.

**High School Ballet options are distinguished based on experience. Dancers who participated in Adv Ballet/Pointe last year should register for Tuesday 7:30 Adv Ballet/Pointe. Dancers who do not have Pointe or Pre-Pointe experience should register for Tuesday 5:30 Int Ballet. Dancers who have little Pointe/Pre-Pointe experience should discuss their placement with Miss Caitlyn and Miss Abi.

***Hip-Hop Choreography & Production does NOT include a recital costume in the fees for the season. The dancers will work together to create their own dance and brainstorm production elements. Some costume pieces might need to be purchased once the dancers and teacher decide what they are wearing for the show.

To see full **class descriptions** please view the document linked here:

<https://www.carrollmanor.org/wp-content/uploads/2026/07/26-27-Class-Descriptions.pdf>

Financial Information

All dance fees will be paid at time of registration. **Tuition includes:** Registration Fee, Carroll Manor Rec Council Fee, 20+ weeks of Dance Instruction, Costume(s), Trophy, Recital Tights, Recital T-shirt, and much more! **Families are responsible for:** Dance Shoes, and dance clothes to be worn during classes (see dress code below).

All refund requests should be directed to CMRCDanceInquiry@gmail.com. No refunds will be submitted after October 1, 2026. A processing fee of \$35 per class will apply to all refunds requested prior to this date.

Our program is currently looking at a budget shortfall going into the Dance Season. As a result, the future of Dance at CMRC is at risk. Please consider pledging a donation on the registration site or if you have any opportunities for local fundraising, please let us know! We also ask that you please participate in any fundraisers we hold throughout the dance year, and be understanding with any changes in price.

Communications

Please remember that we are a *mostly* paperless program. We will NOT send home hard copies of newsletters, reminders, or forms. Everything will be communicated through email from Stone Alley or from Miss Caitlyn directly. Please make sure the following email addresses are in your "contact list" so they do not go to your Spam/Junk Folders. If you believe you are not receiving emails from us, check spam/junk and confirm your email address is correct on Stone Alley before contacting Miss Caitlyn.

info@stonealley.com | cceasy@carrollmanor.org

Be sure to "like" our Facebook page, where we will also post important updates and reminders. Our instagram is @CMRCDance.

Attendance Policy

Each class a student misses puts them one more class behind their peers. A dancer cannot improve if they are not in class to practice and receive feedback. If a student has been absent and/or arrived significantly late to 3 classes, the Dance Director will be notified, and a conversation may be requested between the Director and the Parent(s). More than 3 absences could result in the dancer's removal from the class' recital dance. If your dancer is going to be late or absent from class, you must inform Miss Caitlyn via email. Miss Caitlyn will then notify the teacher for the class. If your dancer is injured or cannot dance for some reason, they should still plan to attend class. **OBSERVATION is more effective than being ABSENT.**

Closed Class Policy

To ensure dancers stay focused entirely on class, technique, and their instructors, all classes are CLOSED to observers. Please refrain from standing in doorways or peering in through windows, as this can distract from the lesson. Parents are kindly asked to wait in the waiting room/lobby or drop off and return for pick-up. Exceptions are made for extenuating circumstances, but they must be discussed with the Director. You will have a chance to observe class during our Family Observation Week March 8 – March 11, 2027!

Drop Off/Pick Up Policy

Doors will open 5-10 minutes before the start of class. All dancers in 5th grade or below must be escorted to and from the studio. Students will not be dismissed without a parent/guardian present. Dancers in 6th-12th grades must have a [dismissal waiver](#) submitted by a parent/guardian to leave without an adult present. If someone besides the student's parents or primary guardians are picking them up, please notify the Dance Director before class via email. Dancers who attend JES and are coming straight to dance after school will get more information and forms from Miss Caitlyn.

Closures/Inclement Weather

CMRC Dance typically follows the same protocol as BCPS for weather or emergency related closings. We are sometimes open when BCPS is closed and vice versa. Please keep in mind that we are considered the Hereford Zone. We will do our best to communicate weather related closings in a timely fashion. Please visit www.bcps.org for the latest updates on closures. In the event of a last minute (nonweather or school related) closing we will send out an email. We do NOT make phone calls. We will communicate these closings via **email**.

Location Information

We are fortunate to have access to three dance spaces this year! If you sign up for a class listed for Sweet Air Park, you will either be having class in the Rec Center side or the Senior Center side. We will notify you before classes begin.

Jacksonville Elementary School (JES) – [3400 Hillendale Heights Rd, Phoenix, MD 21131](#)

From the right-hand side of the parking lot, follow the sidewalk around the rear of the building, past air conditioner units, activity room door, and turn left. Please use the dance studio door to enter the building. Inside this entrance is a small room where you may wait for your child during class. If your dancer is signed up for a class immediately after school, we will reach out to you with additional forms for their dismissal. In the event of a last minute cancellation we will notify parents via email (that was inputted during registration). Jacksonville Elementary School will dismiss students per parent's instructions on the form mentioned above. No food or beverages (other than water) is allowed in the dance studio, the waiting room is OK.

Jacksonville Rec Center @ Sweet Air Park – [3605 Sweet Air Rd, Phoenix, MD 21131](#)

The room where dance classes will take place is on the right when you walk in the Rec Center entrance. There is a short hallway to the room where your teacher will greet you. There is a small lobby of the Rec Center where guardians can wait during class. Dancers can bring all of their belongings with them into the studio, but no food or beverages (other than water) are allowed.

Jacksonville Senior Center @ Sweet Air Park – [3605 Sweet Air Rd, Phoenix, MD 21131](#)

The multipurpose room is at the end of the hallway of the Senior Center side of the building. Please bring your dancer in the front doors on the right and wait in the lobby for your teacher to take students back to the dance room. Parents should wait in the lobby or leave the building and return after class. Dancers can bring all of their belongings with them into the studio, but no food or beverages (other than water) are allowed.

Class Assistants

Returning dancers in high school are eligible to apply to be a class assistant for the 2026-2027 Dance Season. These class assistants are tasked with helping out the lead teacher by demonstrating skills/choreography, helping dancers change shoes, answering questions, setting up equipment/props, and more! Interested dancers can fill out the application linked here:

<https://docs.google.com/forms/d/e/1FAIpQLSf1LhZoAaCTsZJzYICDaUXWEr8upszFHbtARxHURWQcI6tuoA/viewform?usp=publish-editor>

Middle school dancers who may be interested in volunteering as a class assistant are also eligible to apply for this role. Based on availability and number of applications, there is a chance that not everyone will be selected to be an assistant, so please take the application process seriously.

17 Calendar Dates / Recital Info

Please note: We host 2 recitals on Recital Day - 11am and 2:30pm. We will release which classes will be performing in each show early in January. Please keep dress rehearsal and recital days OPEN so you can make it to your designated times. Dress rehearsal is REQUIRED for you to be able to participate in Recital Day.

Please note: Families who observe any religious or cultural holidays (Rosh Hashanah, Yom Kippur, Diwali, Lunar New Year, etc.) are excused from classes for those observations. We do ask that you inform the Dance Director about those absences in advance.

We do not always follow BCPS closures. Please double check the calendar dates below to see when we are closed for the season. Picture day is not yet scheduled, so stay tuned!

Tuesday, September 1st - Registration CLOSSES

Monday, September 14th - Classes Begin!

Monday, September 21st - CMRC Dance OPEN

Tuesday, October 20th - CMRC Dance CLOSED

Wednesday, November 25th & Thursday, November 26th - CMRC Dance CLOSED

Tuesday, December 22nd - Thursday, December 31st - CMRC Dance CLOSED

Monday, January 18th - CMRC Dance CLOSED

Tuesday, January 19th - CMRC Dance OPEN

Wednesday, February 10th - CMRC Dance OPEN

Monday, February 15th - CMRC Dance CLOSED

Monday, March 8th - Thursday, March 11th - Family Observation Week

Wednesday, March 10th - CMRC Dance OPEN

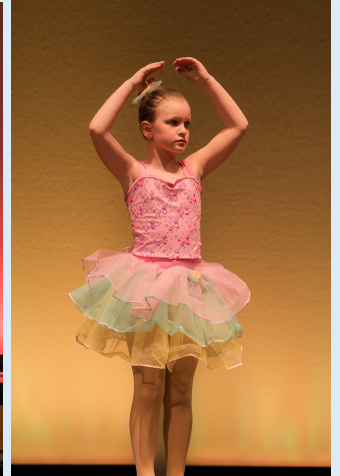
Monday March 22nd - Thursday, March 25th - CMRC Dance CLOSED

Thursday, April 1st - Last Day of Dance Classes

Saturday, April 3rd - tentative Dress Rehearsal Day (REQUIRED)

Sunday, April 4th - tentative Recital Day

(Dress Code on following page)



Dress Code and Attire

- ★ Dancers must be in correct attire by October 5th in order to continue to participate in class activities. Like any sporting activity, the dress code serves as a safety precaution and makes it easier for teachers to give feedback.
- ★ We strive to provide inclusive and appropriate options for all dancers based on their personal identities and needs. Non-binary and genderqueer dancers can choose which dress code to follow for their age group.
Please contact Caitlyn with any dress code concerns or questions.
- ★ **No** jewelry should be worn during dance class (small stud earrings are allowed)
- ★ Hair must be pulled back out of dancers' faces and off necks. Buns are **required** for High School Ballet/Pointe classes.
- ★ NO MIDRIFTS should be showing AT ANY TIME.
- ★ Dance shoes should only be worn inside the studio, not outside (including dance sneakers). Street shoes are not permitted on the dance floors at any time. Please be sure to tuck ballet shoe drawstrings in or pull them out so that we do not have to worry about them coming untied.
- ★ For female-identifying dancers, underwear can be left off. It is unnecessary under leotards and tights and often makes dancers uncomfortable/embarrassed as it rides down below the leg line of leotards. Dancers will not be allowed to wear underwear at the recital, so now is a great time to start preparing them.
- ★ Supportive athletic sports bras (medium to strong control depending on size) are encouraged for pre-teen and teen female dancers.
- ★ Compression shorts or dance belts are required for pre-teen and teen male dancers.

SHOES

Ballet - pink or flesh-tone split-sole ballet shoes (boys wear black)

Tap - black jazz tap or slip-on tap shoes; 5th grade and younger are allowed to wear velcro or buckle tap shoes

Jazz, Poms, Tumbling - black jazz shoes (tie or slip-on)

Hip-Hop & "Flip-Hop" - black dance sneakers

Contemporary - bare feet, flesh-tone half soles, or foot undies.

Creative Movement - ballet shoes or bare feet

ATTIRE

Boys/Male Dancers - Solid colored t-shirt, solid black or navy blue gym shorts, athletic capris, leggings, or joggers.

3 years-3rd grade Girls/Female Dancers - Any color leotard or dance dress, pink or flesh-tone tights. Black shorts are allowed. NO skirts that are not attached to a dance dress. These are very distracting for dancers. Dance sweaters & black leggings are permitted during colder months.

3rd grade-5th grade Girls/Female Dancers - Any color leotard or dance dress, pink or flesh-tone tights. Dance skirts and black shorts are allowed. Dance sweaters & black leggings are permitted during colder months. Black tights and black leggings are allowed for tap/jazz, poms, and hip-hop classes.

Middle and High School Girls/Female Dancers - Any color leotard, pink, black, or flesh-tone tights. Dance skirts and black shorts are allowed. Dance sweaters & black leggings are permitted during colder months. **NO MIDRIFTS** should be exposed during classes.

★ Ballet & Pointe: Buns in hair are expected.

★ Jazz, Hip Hop, and Tap Classes: Black leggings are allowed, but leotards are still required.

We encourage you to buy your dance supplies for our [personalized Nimble site](#). It is organized by class, and everything listed is DRESS CODE APPROVED.

